

NutraCare

— YOUR PARTNER IN —

HIGH QUALITY NUTRITION!



Product Range of AVADH NUTRACARE



DIABETES CARE

PRODUCT NAME

- ✓ SUGAR FREE PROTEIN - POW
- ✓ DIABETIC CARE PRODEIN POWDER - POW



ENERGY DRINK

PRODUCT NAME

- ✓ GLUCOSE POWDER - POW
- ✓ GLUCOSE D POWDER - POW
- ✓ LEMON DRINK POWDER - POW
- ✓ FUNNEL SEED DRINK POWDER - POW
- ✓ GLUCOSE, VITAMIN C, ZINC POWDER - POW
- ✓ POMEGRANATE ENERGY POWDER - POW
- ✓ MANGO ENERGY POWDER - POW
- ✓ ENERGY DRINK POWDER - POW
- ✓ RED BULL POWDER - POW



GASTROINTESTINAL

PRODUCT NAME

- ✓ ANTACIDS - POW
- ✓ PROTEIN POWDER WITH PROBIOTICS - POW
- ✓ ORS - POW
- ✓ FIBERS - POW
- ✓ ISPAGHULA HUSK WITH INDIAN HERBS - POW
- ✓ ISPAGHULA HUSK WITH SENNA LEAVES - POW
- ✓ DIGESTIVE CHURNA - POW
- ✓ ELECTROLYTES - POW



KIDS SUPPLEMENTS

PRODUCT NAME

- ✓ KIDS PROTEIN POWDER - POW
- ✓ PROTEIN POWDER FOR 2-5 YEAR - POW
- ✓ PROTEIN WITH DHA - POW
- ✓ GLUTEN FREE PROTEIN - POW
- ✓ EXTRA POWER OF PROTEIN FOR KIDS - POW
- ✓ PROBIOTICS FOR KIDS - POW
- ✓ PROTEIN WITH HERBS - POW
- ✓ KIDS PROTEIN WITH WHEY - POW



SKIN CARE SUPPLEMENTS

PRODUCT NAME



BONE AND JOINT CARE

PRODUCT NAME

- ✓ MORINGA - POW
- ✓ BONE AND JOINT CARE POWDER - POW



PREGNANCY CARE

PRODUCT NAME

- ✓ PREGNANCY PROTEIN - POW
- ✓ PROTEIN FOR PREGNANCY AND - POW
- ✓ LACTATION - POW



Product Range of **AVADH NUTRACARE**



PROTEIN SUPPLEMENTS

PRODUCT NAME

- ✓ MOMS PRO PROTEIN - POW
- ✓ HIGH PROTEIN - POW
- ✓ LACTOSE FREE PROTEIN - POW
- ✓ HIGH CARBS PROTEIN - POW
- ✓ ALL PLANT PROTEIN - POW
- ✓ PROTEIN POWDER GENERIC PROTEIN - POW



PROTEIN SUPPLEMENTS

PRODUCT NAME

- ✓ ORANGE PROTEIN - POW
- ✓ BROWN RICE PROTEIN - POW
- ✓ PRO PROTEIN POWDERGENERIC - POW
- ✓ PROTEIN POWDER - POW



GYM SUPPLEMENTS

PRODUCT NAME

- ✓ WHEY FOR BEGINNERS - POW
- ✓ WHEY PROTEIN CONCENTRATE - POW
- ✓ WHEY PROTEIN ISOLATE - POW
- ✓ MASS GAINER 1:3 - POW
- ✓ MASS GAINER 1:4 - POW
- ✓ MASS GAINER 1:5 - POW
- ✓ WEIGHT GAINER - POW
- ✓ SOY PROTEIN ISOLATE FOR WOMEN - POW
- ✓ START-UP - POW
- ✓ SOY PROTEIN ISOLATE - POW
- ✓ OATS AND WHEY PROTEIN - POW
- ✓ MASS GAINER WITH GLUTEN - POW
- ✓ PEA PROTEIN - POW



GYM SUPPLEMENTS

PRODUCT NAME

- ✓ PEANUT PROTEIN - POW
- ✓ PEA AND SOY PROTEIN - POW
- ✓ HIGH CARBS - POW
- ✓ JOGGING POWDER BCAA - POW
- ✓ GLUTAMINE - POW
- ✓ CREATINE - POW
- ✓ BCAA + GLUTAMINE - POW
- ✓ EAA WITH BCAA GLUTAMINE - POW
- ✓ PRE WORKOUT - POW
- ✓ DURING WORKOUT - POW
- ✓ WHEY BANANA - POW
- ✓ FIBERS WITH PRO - POW
- ✓ MASROOM MASS GAINER - POW



Women's Health



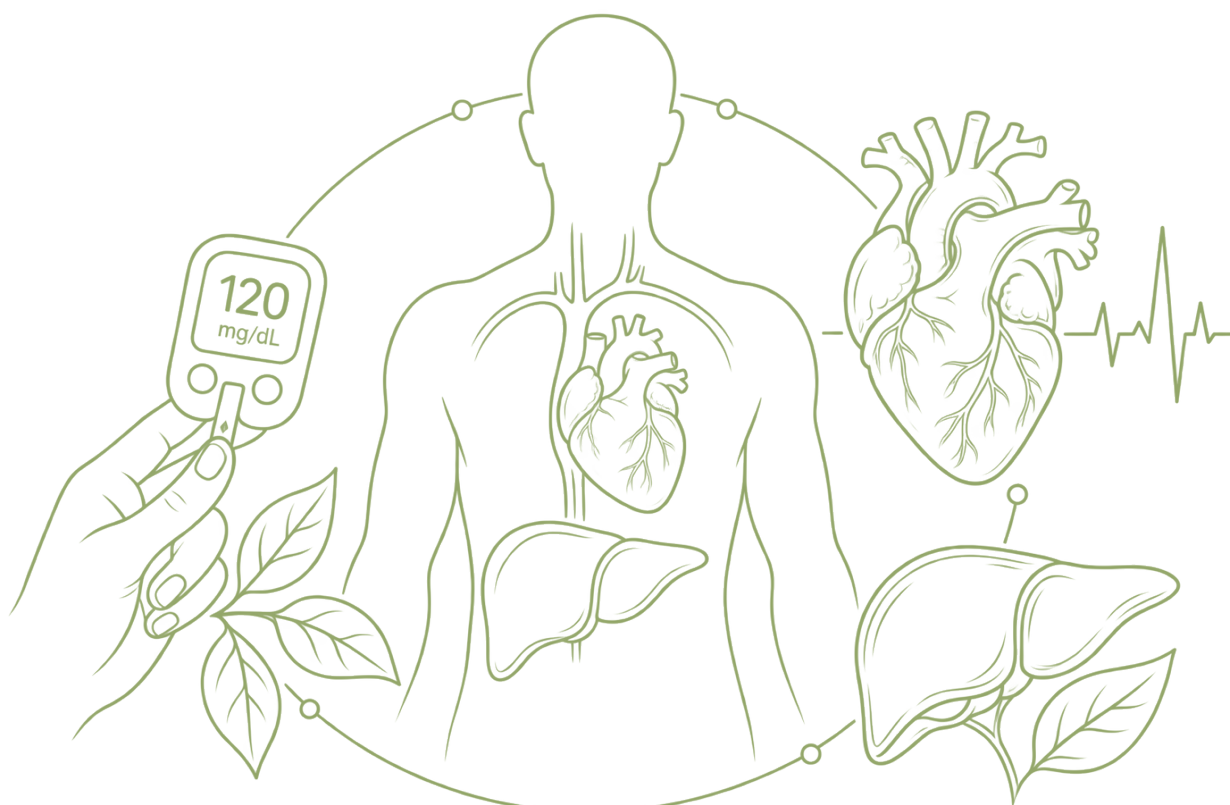
S. NO.	COMPOSITION	DOSAGE
01	Elemental Iron (Ferric Pyrophosphate as Liposomal Iron) 29 mg, Folic Acid 129 mcg, Cyanocobalamin (Vitamin B12) 1.2 mcg, Vitamin C 50 mg	Tablets
02	Myo-Inositol B.P. 1000 mg, L-Methyl Folate 500 mcg, Vitamin D3 400 IU, L-Arginine 10 mg	Tablets
03	Myo-Inositol B.P. 1000 mg, L-Methyl Folate 500 mcg, Vitamin D3 400 IU, L-Arginine 10 mg, Meco-balamin 1 mcg	Tablets
04	N-Acetylcysteine 50 mg, Myo-Inositol 550 mg, D-Chiro-Inositol 13.8 mg, Zinc 5 mg, L-Methylfolate Calcium 0.1 mcg, Chromium 25 mcg, Selenium 20 mcg, Vitamin D3 5 mcg, Vitamin B12 0.5 mcg	Tablets
05	L-Citrulline Malate 250 mg, L-Arginine 750 mg	Tablets
06	L-Carnitine L-Tartrate 500 mg, Magnesium Citrate 200 mg, Vitamin E 10 mg	Tablets
07	Magnesium Bisglycinate 350 mg, L-Carnitine L-Tartrate 500 mg	Tablets
08	Isoflavonoids 40% (Soya Isoflavone) 30 mg, Alfacalcidol 0.5 mcg, Calcium Citrate 300 mg, Magnesium Oxide 40 mg, Pyridoxine Hydrochloride 0.75 mg, Selenium (as Selenious Acid) 40 mcg, Zinc Oxide 7.5 mg, Folic Acid 75 mcg, Copper 0.5 mg, Manganese 2 mg	Tablets
09	Calcium Carbonate (Oyster shell) 250mg, Calcium D Pantothenate 3mg, Chromium Picolinate 0.025mg, Copper Sulphate Pentahydrate 0.03mg, D-Biotin 0.03mg, Ferrous Fumarate 21mg, Folic Acid 0.129mg, Isoflavonoids 40% (Soya Iso Flavone) 0.5mg, Lutein 20%, Zeaxanthin 4% Powder 2mg, Manganese Sulphate Monohydrate 0.25mg, Vitamin B3 11mg, Selenium 0.03mg, Vitamin A Acetate 0.6mg, Vitamin B1 1.1mg, Vitamin B12 0.001mg, Vitamin B2 1.3mg, Vitamin B6 1.9mg, Ascorbic Acid 40mg, Vitamin E 50% Powder 10mg, Zinc Sulphate Monohydrate 10mg, Vitamin D3 4mg	Tablets
10	Vitamin A 600 mcg, Vitamin D3 400 IU, Vitamin E 10 mg, Vitamin C 40 mg, Niacinamide (Vitamin B3) 14 mg, Calcium Pantothenate 3 mg, Thiamine Mononitrate (Vitamin B1) 1.1 mg, Riboflavin (Vitamin B2) 1.3 mg, Folic Acid 200 mcg, Methylcobalamin (Vitamin B12) 1 mg, Biotin 30 mcg, Magnesium (as Magnesium Oxide) 310 mg, Zinc 10 mg, Copper 30 mcg, Manganese 250 mcg, Chromium (as Chromium Chloride) 25 mcg, Selenium (as Sodium Selenate) 30 mcg, Calcium (Calcium Phosphate Dibasic) 250 mg, Iron (as Ferrous Fumarate) 21 mg, Ginseng Extract Powder 42.5 mg, Ginkgo Biloba 40 mg, Lutein 20% & Zeaxanthin 4% 10 mg, Soy Isoflavone 100 mg	Tablets
11	L-Arginine 200 mg, Magnesium Oxide 310 mg, L-Methyl Folate Calcium 2 mg, Ferrous Fumarate 27 mg, Vitamin C Coated 40 mg	Tablets
12	Lycopene 5% Powder 4 mg, Vitamin E (50%) 8 mg, Sodium Selenite 40 mcg, Zinc Sulphate Monohydrate 12 mg	Tablets
13	Calcium Carbonate (Eq. to Elemental Calcium 600 mg), Vitamin D3 200 IU, L-Arginine 50 mg	Tablets



Diabetic, Cardiac & Liver Health



S. NO.	COMPOSITION	DOSAGE
01	Ginkgo Biloba Extract (24%) 120 mg, Alpha Lipoic Acid 200 mg, Vitamin B12 1 mcg, Zinc (Zinc Sulphate Monohydrate) 12 mg, Vitamin E 10 mg, Magnesium 10 mg, Chromium 0.05 mg, Vitamin C 40 mg	Capsule
02	L-Carnitine 50 mg, Vitamin C 120 mg, Riboflavin (Vitamin B2) 5 mg, Vitamin B6 10 mg, Pantothenic Acid 10 mg, Magnesium 100 mg, Iron 8 mg, Zinc 15 mg, Manganese 2 mg	Tablets
03	Palmitoylethanolamide 150 mg, N-Acetyl L-Carnitine 300 mg, Vitamin E 10 mg	Tablets
04	Milk Thistle Extract (Silybum Marianum Seed (80%) 80 mg, Dandelion Extract (Taraxacum Officinale Root (10:1) 50 mg, Eriocitrin 25 mg, Extramel (Melon Pulp Concentrate) 10 mg, Vitamin E 10 mg, Schisandra Fruit Extract Std. to 9% Schisandrins 250 mg, Maxshield 300 mg	Tablets



Multivitamins, Minerals & Antioxidants



S. NO.	COMPOSITION	DOSAGE
01	Vitamin C 50 mg, Green Tea Extract 50 mg, Magnesium 30 mg, Zinc 13.2 mg, Vitamin B3 11 mg, Vitamin E 10 mg, Betacarotene (10%) 10 mg, Lycopene 6 mg, Calcium Pantothenate 5 mg, Vitamin B12 1.9 mg, Vitamin B6 1.9 mg, Copper 1.7 mg, Manganese 1.5 mg, Vitamin B1 1.4 mg, Vitamin A 840 mcg, Potassium Iodide 183 mcg, Folic Acid 129 mcg, Selenium 40 mcg, Chromium 50 mcg, Vitamin B12 2.2 mcg, Vitamin D3 200 IU	Capsule
02	Beta Glucan (70%) 50 mg, Acerola Berry Extract (25%) 100 mg, Amla Fruit Extract (10%) 100 mg, Elderberry Extract 50 mg, Vitamin C 40 mg, Vitamin D3 200I U, Zinc (as Zinc Sulphate Monohydrate) 12 mg, Selenium (as Sodium Selenate) 40 mcg	Tablets
03	Ashwagandha (2.5%) 60 mg, Calcium D Pantothenate (83%) 3 mg, Chromium Chloride Hexahydrate 0.025 mg, Copper Oxide 0.03 mg, Ferrous Fumarate 17 mg, Folic Acid 200 mcg, Ginko Biloba Extract (24%) 40 mg, Penax Ginseng Extract (20% Ginsenosides) 42.5 mg, Lutein 20%, Zeaxanthin 4% oil 10 mg, Magnesium Oxide 100 mg, Manganese Sulphate Monohydrate 0.25 mg, Vitamin B3 (Niacinamide) 18 mg, Sodium Selenate 0.03 mg, Vitamin A Acetate 3.99%, Vitamin B1 1.4 mg, Vitamin B12 (Cyanocobalamine) 0.001 mg, Vitamin B2 (Riboflavin) 1.6 mg, Vitamin B6 (Pyridoxin HCl) 2 mg, Vitamin C Coated 6 mg, D-Biotin 0.03 mg, Vitamin D2 (Ergocalciferol) 0.01mg	Tablets
04	Curcumin 50 mg, Piperine 10 mg, Lycopene 2 mg, Vitamin A, Excipient-q.s.	Tablets
05	Curcumin 250 mg, Piperine 10 mg, Boswellia 150 mg, Ginger Extract 50 mg, Garlic 10 mg	Capsules
06	Neurozen-LC, L-Carnitine (L-Tartrate) 500 mg, L-Arginine 100 mg, Cynocobalamine 2.2 mg, Vitamin E 9.5 mg, Magnesium 50 mg, Excipients q.s.	Tablets

Hair, Skin & Nails



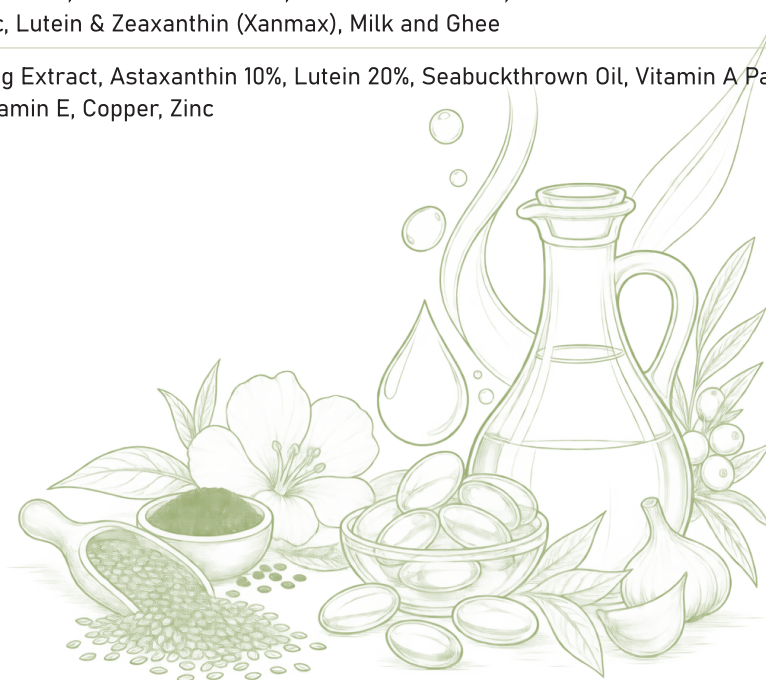
S.NO	COMPOSITION	DOSAGE
01	Glutathione 500 mg, Astaxanthin 2 mg	Tablets
02	Grape Seed Extract 50 mg, Vitamin C 2.5 mg, Vitamin E 1 mg, Vitamin B12 1 mg, Vitamin B3 1.5 mg, Vitamin B6 0.5 mg, Vitamin B9 1 mcg, Mecobalamine 100 mcg, Biotin 1 mg, Vitamin D3 200 IU, L-Isoleucin 2 mg, LL-Methionine 8 mg, L-Phenylamine 5 mg, L-Tryptophan 2.5 mg, L-Valine 2.5 mg, Inositol 1 mg, Manganese 1 mg, Copper 0.5 mg, Selenium 0.15 mg, Molibednum 0.025 mg, Chromium 0.025 mg, Zinc 5 mg, Dibasic Calcium Phosphate 42.9 mg, Potassium Iodine 4.25 mg, Magnesium 1.5 mg, Lutein 5 mg, Zeaxanthin 1 mg	Tablets
03	Grape Seed Extract 20 mg, Green Tea Extract 40 mg, L-Cysteine 50 mg, Biotin 30 mcg, Zinc 10 mg, Iron 19 mg, Vitamin B3 11 mg, Calcium D Pantothenate 5 mg, Vitamin C 40 mg, Vitamin E 10 mg, Magnesium 50 mg, Manganese 4 mg, Folic Acid 50 mcg	Tablets
04	Biotin 40 mcg, Collagen Peptide Type I 50 mg, Vitamin A 840 mcg, Vitamin E 7.5 mg, Vitamin C 40 mg, Folic Acid 100 mcg, Amla Extract 150 mg, Copper (as Copper Sulphate Pentahydrate) 1.7 mg, Zinc (as Zinc Sulphate Monohydrate) 5 mg	Tablets



Omegas | Nutritional Oils



S. NO.	COMPOSITION	DOSAGE
01	Evening Primrose Oil + Tocotrienol	Soft Gels
02	Fenugreek Oil 500mg	Soft Gels
03	Flaxseed Oil + Blackseed Oil	Soft Gels
04	Omega 3-6-9	Soft Gels
05	Omega 3 Fatty Acid	Soft Gels
06	Flaxseed Oil, Seabuckthorn Oil, Vitamin E	Soft Gels
07	Garlic Oil	Soft Gels
08	Co Enzyme Q10, Resveratol	Soft Gels
09	Co Enzyme Q10	Soft Gels
10	Kaneka Q10, Patented Flaxseed Oil	Soft Gels
11	Betacarotene 30%, Lycopene 10%, Lutein 10%, Grape Seed Extract, Zinc Sulphate Monohydrate	Soft Gels
12	Lycopene 6%, Vitamin A, Vitamin E, Vitamin C, Zinc, Selenium	Soft Gels
13	Lutein 20%, Fish Oil, Vitamin D3, Betacarotene 20%, Bilberry Fruit Extract	Soft Gels
14	Embillica Officinalis, Terminalia Chebula, Terminalia Bellirica, Marie Gold Flower Extract-Aztec, Lutein & Zeaxanthin (Xanmax), Milk and Ghee	Soft Gels
11	Panax Ginseng Extract, Astaxanthin 10%, Lutein 20%, Seabuckthorn Oil, Vitamin A Palmitate, Vitamin C, Vitamin E, Copper, Zinc	Soft Gels



Bone & Joint Health

S. NO.	COMPOSITION	DOSAGE
1	Calcium Carbonate, Vitamin K2-7, Cynocobalamin, Zinc Oxide, Magnesium, Boron as Metaborate	Soft Gels
2	Calcium Carbonate, Vitamin K2-7	Soft Gels
3	Calcium Carbonate, Zinc Sulphate	Soft Gels
4	Calcium Citrate Malate, Vitamin K2-7, Cynocobalamin 1500, Zinc Oxide, Magnesium Oxide, L-Methyl Folate	Soft Gels
5	Calcium Carbonate, Vitamin D3	Soft Gels
6	Cynocobalamin, Calcium Carbonate, Calcitriol, Folic Acid, Vitamin B6	Soft Gels
7	Omega-3-Fatty Acid, Calcitriol, Cynocobalamin, Folic Acid, Disodium Tetraborate, Calcium Carbonate	Soft Gels
8	Vitamin D3, 2000 IU, 1000 IU	Soft Gels
9	Calcitriol, Calcium Carbonate, Vitamin B6, Cynocobalamin, Folic Acid	Soft Gels
10	Calcium Carbonate, Vitamin K2-7, Cynocobalamin, Zinc Oxide, Magnesium	Soft Gels
11	Soya Isoflavones 40%, Calcium Carbonate, Vitamin K2, Magnesium Oxide	Soft Gels
12	Curcumin Extract, Piperine	Soft Gels
13	Omega 3 Fatty Acid (EPA & DHA) (42:32), Vitamin K2-7, Vitamin D3, UC II, Hyaluronic Acid	Soft Gels



Beauty (Skin | Hair | Nail)

S. NO.	PRODUCT NAME	DOSAGE
1	Multivitamin & Minerals	Gummies
2	Multivitamin Gummies for Adults	Gummies
3	Multivitamin Gummies for Kids	Gummies
4	Melatonin	Gummies
5	L-Glutathione	Gummies
6	Collagen Peptide	Gummies
7	Co-Enzyme Q10	Gummies
8	L-Carnitine	Gummies
9	Prenatal Iron	Gummies
10	Ashwagandha	Gummies
11	Probiotics	Gummies
12	Resto Sleep+	Gummies
13	Vitamin D3 & K2	Gummies
14	Vitamin D3	Gummies
15	Vitamin C	Gummies
16	Vitamin B12	Gummies
17	Zinc	Gummies
18	Folic Acid	Gummies
19	Immunity	Gummies
20	Eye Vision	Gummies
21	Calcium + Vitamin D3	Gummies
22	Promimba	Gummies
23	Curcumin	Gummies
24	Apple Cider Vinegar	Gummies
25	Hair, Skin, Nail with Biotin	Gummies
26	Vitamin C + Zinc	Gummies
27	Biotin	Gummies
28	Vitamin C	Gummies
29	PMS	Gummies
30	ACV + Vitamin B9 + Vitamin B12	Gummies
31	Unisex Multivitamin	Gummies



Effervescent Tablet

S. NO.	PRODUCT NAME	DOSAGE
1	Vitamin C	Tablet
2	Glucosamine	Tablet
3	Berry Blast	Tablet
4	Calcium with Vitamin D3	Tablet
5	Collagen	Tablet
6	Iron	Tablet
7	Amla	Tablet
8	Magnesium with Zinc	Tablet
9	Collagen	Tablet
10	Glutathione	Tablet
11	Theafresh	Tablet
12	Green	Tablet
13	Bacillus	Tablet
14	Curcumin with Ginger, Vitamin C, Zinc, Black Pepper & Turmeric Extract	Tablet
15	Apple Cider Vinegar with Goodness of Mother Vinegar & Pomegranate Extract & Vitamin C	Tablet
16	Multivitamin & Multimineral	Tablet
17	N-Acetyl-Cysteine	Tablet
18	Vitamin C, Zinc with Emblica officinalis Extract	Tablet
19	Glutathione & Vitamin C	Tablet
20	Green Tea Extract	Tablet
21	Vitamin C with Amla, Ginger, Cinnamon, Tulsi, Black Pepper, Echinacea, Sat Pudina	Tablet





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